

NEW FOR 2012 DEFENDER PRO SERIES - DEFENDER SERIES - FURLONG SERIES

<u>Helmet Size</u>	Centimeter Measurement	Inch Measurement
X-Small	51 – 52 cm	6 3/8 – 6 1/2"
Small	53 – 54 cm	6 5/8 – 6 3/4"
Medium	55 – 56 cm	6 7/8 - 7"
Large	57 – 58 cm	7 1/8 – 7 1/4"
X-Large	59 – 60 cm	7 3/8 – 7 1/2"
XX-Large	61 – 62 cm	7 5/8 – 7 3/4"

Sizing Chart for All One K Helmets

If a One K Helmet does not come in your size, you can easily change the liner for a perfect fit... Here's how:

DEFENDER PRO HELMET LINERS

Two shells make up all sizes. The base shells for the Defender Pro are Large and X-Large. Use the Large size helmet with a Medium, Small or X-Small Liner to change the fit of the Large Helmet into a Medium, Small or X-Small Helmet. Use the X-Large size helmet with an XX-Large Liner to change the fit to XX-Large Helmet.

DEFENDER & FURLONG HELMET LINERS

Two shells make up all sizes. The base shells for the Defender and Furlong are Medium and Large. Use a Medium size helmet with a Small or X-Small Liner to change the fit of the Medium Helmet into a Small or X-Small Helmet. Use the Large size helmet with an X-Large or XX-Large Liner to change the fit to an X-Large or XX-Large Helmet.